



# Volunteer Guidelines

Our success depends on volunteers working together to educate others and build demand for a better health system. As a volunteer, you are the Archimedes Movement's greatest resource. We have established some guidelines to help guide you:

1. Volunteers should always clearly identify themselves as a volunteer and not as an official spokesperson about decisions of the Archimedes Movement.
2. The primary focus for volunteers should be advocacy, education, and outreach.
3. Volunteers should work directly with the Archimedes staff to develop plans and projects in their community. Our staff exists to support your work. If volunteers are unsure about something or need help in any way, just ask.
4. All press releases and press advisories need to be approved by the Archimedes Movement Executive Director.
5. The Archimedes Movement can reimburse volunteers for expenses incurred while supporting the Archimedes Movement *if* it is pre-approved by the Archimedes Movement staff.
6. The Archimedes Movement is a non-partisan organization that works across all party lines. The Archimedes Movement does not advocate for the election or defeat of any candidate due to both election law and knowing that fighting for fundamental health reform is something Americans can do together.

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# Volunteer Roles

The strength of the Archimedes Movement is our broad grassroots support. By volunteering with the Archimedes Movement, you fuel the momentum and the political will to fundamentally change our health care system. Here are some ways that you can help:

## Help take the Archimedes Movement to the public

- Learn the facts about what the real problems are with our current health system.
- Talk to neighbors, friends and family about health care and the goals of the Archimedes Movement.
- Get others to sign-up during local events such as neighborhood farmer's markets, library days and park events.
- Wear your WeCanDoBetter t-shirt to local health forums and rallies.
- Write letters to the media responding to articles on health care.
- Invite you friends to a house party; view the Archimedes Movement DVDs then discuss what they can do.

## Protest the Status Quo

- The next time that a clinic closes in your community, or a child is hospitalized and needs help paying for care, let the media know that this is unacceptable in this great country of ours. Write to the newspaper, mayor's office and legislators demanding that people have better (and more) access to the care they need.
- When you see a donation jar at your local coffee shop asking for money to support someone who can't afford their needed medical treatment let the media know that it's time for a change and that you know **We Can Do Better**.

## **Help expand local chapters and start new ones**

- Join a community chapter.
- Recruit a new member to your local chapter.
- If there is not a chapter in your community, start one.
- If you're a chapter member, go to the chapter meetings. Find out when the next meeting is.
- Suggest informative speakers for the chapter meetings.

## **Talk to Elected Officials (and candidates who want your vote in upcoming elections!)**

- Meet your legislators. Attend their In-District town halls and other gatherings. Sign up for their newsletters.
- Lead a team of Archimedes supporters to meet your members of Congress to talk about health reform. They listen to their constituents; it's as simple as that.
- Talk to candidates on the campaign trail. Remember, they want your vote. Let them know they will have to earn it.
- Whenever candidates or elected official speak in your community ask what they are willing to do to create a sustainable health system that ensures that everyone will have access to a defined set of essential, effective health services.
- Tell them you want access to services that actually impact your health, not just more health insurance.

## Work in Your Community

- Get your hometown to sign a proclamation as a supporter of the Archimedes Movement. Or maybe your state, college campus or faith community?
- Join our Speaker's Bureau; present to local, civic, school, and professional groups;
- Blog - not only on our website but on others that you may have access to, including many newspapers. Write about WeCanDoBetter.org and how working together we can make a difference.
- Engage your faith community. It's faith in action. We can all work together in the belief that justice is something to strive for; that children should not die of preventable diseases and that Oregon should take a leading role in the fight to create a health system accessible to all.

## Join one of our Volunteer Teams

- Finance and fundraising
- Technology
- Policy and Goals (shaping the focus and direction of the movement)
- Outreach
- Communications
- Research and education

**Remember:**  
**As a volunteer, you are our greatest asset.**